



Join Our No Idling Campaign

WHY?

Not idling your vehicle is one of the easiest things you can do to protect our environment and to improve our health.

In Massachusetts, idling for more than five minutes is against the law!

ENVIRONMENT

Car and truck exhaust contains gases that contribute to global climate change.

For every 10 minutes your engine is off, you will prevent one pound of carbon dioxide from being released.



HEALTH

Children are especially at risk as their small lungs take in 50% more air per pound than adults.

Exposure to exhaust causes wheezing, coughing and allergy attacks.

Other health risks include exacerbation of allergies, decreased lung function and increased risk of heart attack.

WHAT CAN YOU DO?

- * Turn off your vehicle every time you stop—even if only for 15 seconds.
- * If a company's truck is idling, note their name and contact information. Send this letter to their corporate headquarters:

Dear _____

I am sure that your company wants to be a good community citizen in the areas you serve. Recently, I saw one of your trucks idling at (location) in Marblehead MA. Not only is idling for more than five minutes illegal in this state, your truck is contributing to ground level ozone, which negatively impacts the children of this town, exacerbating allergies, decreasing lung function and causing and worsening asthma. It also adds yet more greenhouse gases to our challenged climate. Please speak with your drivers, and I look forward to your response.

Let's work together to end idling in Marblehead!
www.sustainablemarblehead.org